



: De Soto Wildcat Wrestling



: @dhs_takedown



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"If you aren't happy with this year's results... What are you doing to change next year's outcome?"

Javier Vieyra (Head Coach): jvieyra@usd232.org

Andrew Pinnell (Assistant Coach): apinnell@usd232.org

Justin Goetting (Assistant Coach): justin.goetting@gmail.com

Trent Hoover (Assistant Coach): hoovert@usd231.com

*For any specific questions about camps, costs, rides, etc., please reach out to a coach!

Open Mats and Lifting Start June 5th!

For all incoming 7th-12th graders, [sign-up here!](#)

-Lifting: M, T, W, and Th. @ 10:45 AM-12 PM

*If you play football- attend football lifting times

-Open Mat: Tuesday and Thursday @ 9-11 AM





Neil Erisman Camp- June 15th & 16th @ De Soto

- DHS Alumni- 2X KS State Champ
- Little Rock Univ. (Division I) Head Coach

K-6th: 10:45-11:30 AM

7th-12th: 9-10:45 AM

*\$40 includes camp fee and t-shirt.



Southern Scuffle- June 16th & 17th @ Gardner Edgerton:

We will put a team (7th-12th) together to dual in a summer tournament at Gardner Edgerton for the evenings of June 16th and 17th.

The following are the weight classes: **90, 98, 106, 113, 120, 126, 132, 138, 144, 150, 157, 165, 175, 190, 215, 285**

Email/Text Coach Vieyra ASAP confirming your weight class as we will begin to look for additional wrestlers:

Salina South Team Camp- June 30th & July 1st

- Tim Prescott (D2 National Champion- Friends Univ. Head Coach)
- Ken Kepley (Pratt CC Head Coach- 2023 Team National Runner-Up)

7th-12th graders: Depart June 29th and Return July 1st. Cost is \$40- this covers transportation, food, lodging, AND the camp cost.



*Seniority will be considered if room becomes an issue.



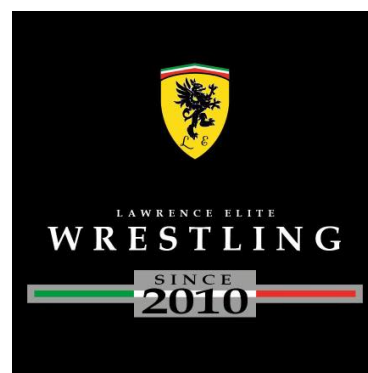
Lawrence Elite Wrestling Club:

Athletes are encouraged to attend Lawrence Elite as regularly as possible. Attendance is not mandatory- so you can work around work schedules, other commitments, etc.

-Monday, Tuesday, Wednesday, and Thursday from 6:30-8:00 PM at 1035 N 3rd Street, Lawrence, Kansas.

-No Costs BUT USA Wrestling Card is required.

Contact Information: rdfincher@aol.com or 785-691-6189.



Kansas City Training Center:

Athletes are encouraged to attend KCTC as regularly as possible. Attendance is not mandatory- so you can work around work schedules, other commitments, etc.

-Practices begin Monday after Spring Break and run through the end of June on Monday and Thursday from 5-6:30 PM at Mill Valley High School. The cost is \$100 per month (\$400 total) or \$300 for the entire summer upfront.

[Kansas Free-Style and Greco:](#)

During the summer months, there are numerous freestyle and greco tournaments across the state. These are the olympic styles (slightly different rules than HS). You can learn/practice at Lawrence Elite and KCTC- but these are HUGE benefits on getting good in the neutral position. Click the link to view various dates, tournaments, and costs for the USA KS summer circuit!





Bonner Springs Wrestling Freestyle/Greco Club

Cost: \$20 for entire program
(Includes t-shirt) OR \$5 per practice



Coach Jonathan Blackwell will be running practices on Tuesday's and Thursday's from 6-7:15PM to learn and train the Olympic styles of wrestling! Freestyle wrestling is closely related to Folkstyle, and Greco-Roman is a style that involves many upper body positions/techniques. If you want to jump levels and see significant improvements, these styles are it!

15 Practice Dates

March Practices: 23rd, 28th, 30th

April Practices: 4th, 6th, 11th, 13th, 18th, 20th, 25th, 27th

May Practices: 2nd, 4th, 9th, 11th

Local Tournament Dates:

April 1st—Freestyle @ Blue Springs HS

April 15—FS/GR @ Platte County HS

May 13—Freestyle at Olathe West HS

FS/GR State Tournament: TBD

Coach: Jonathan Blackwell

2X Kansas State Champion

4X Kansas State Finalist

4X NAIA National Qualifier

149 High School Wins

104 College Wins

6X Kansas National Team Member

Contact Info: (816) 729-2519

jonathanblackwell2494@gmail.com

When: Every Tuesday and Thursday 6-7:15PM

Where: Bonner Springs HS Wrestling Room

Who: Anyone with 2+ years wrestling experience OR approval from Coach Blackwell

*Must have current USA Wrestling Card

